

Paediatric Services at Elemenoe



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Speech, Language, Behaviour & Learning

Let's get talking:

Parent Empowerment

- toddler + parent with a supervised therapist as your "coach"
- encourage communication and learning
- 4-8 weekly sessions



Learning Foundations

- child 1:1 with a senior therapist instructor
- 1.5-hour sessions, 3 or 5x per week
- child is learning to approach others, imitate and follow directions
- child is learning a reliable way to communicate



Together We Learn

- small group instruction, either 2:2, or 3:2 ratio
- 2.5-hour sessions, 3 or 5x per week
- children who are able to learn well in 1:1 setting and would benefit from small group



School-Age Services

Social Groups

- 1.5 hours per week per group
- Afterschool hours
- children who would benefit from small group learning after school
- emotion regulation, language enrichment and social skills



Elemenoe Autism Program

- 3 days per week minimum
- 3-hour sessions either in the am or pm
- 1:1 session with a clinician
- supervised by BCBA



Elemenoe Preschool

- toddler + parent with a supervised senior therapist
- encourage communication and learning
- 4-8 weekly sessions



Teenage & Youth Services



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Coaching EmpowerU

- 1 or 2 sessions per week
- 1.5 hour sessions
- providing coaching and support to achieve goals related to social, emotional, vocational, safety, and/or life skills
- For clients who are relatively self-sufficient but need occasional support to ensure they are making progress towards their goals

Focused EmpowerU

- 4-8 hours per week
- 2-3 hour sessions
- providing teaching and support to achieve goals related to social, emotional, vocational, safety, and/or life skills
- For clients who benefit from a structured approach but are still fairly autonomous and can integrate new practices into their daily routine

Intensive EmpowerU

- 9 or 12 hours per week
- 3 or 6 hours per day
- AM/PM sessions
- providing intensive teaching opportunities related to social, emotional, vocational, safety, and/or life skills
- for clients who benefit from a more immersive and structured environment to achieve their goals, needing continuous support and detailed instruction



Additional Services

Add-on SLP intervention

- clients who would benefit from additional support for motor speech, phonology, articulation, stuttering, and/or literacy support

Add-on Occupational Therapy

- clients who would benefit from consultation or therapy relating to fine motor skills, sensory regulation, etc.

Add-on Psychotherapy

- clients who would benefit from consultation or therapy relating to emotional regulation, mental health concerns, trauma, etc.





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Collaborative Communication & Learning Assessments

Elemenoe was founded on the principles of interdisciplinary collaboration between Applied Behaviour Analysis (ABA) & speech-language pathology (SLP). We assess your child's speech, language, and play skills, and identify any barriers to communication, language, and learning.



Highlights

- Assessment facilitated by an experienced BCBA & SLP team
- Multidisciplinary uses “the best of both worlds”
- Speech, language, communication, school readiness, and learning skills are all assessed
- We value parents as part of the team
- Includes formal, objective, and dynamic assessments

Commitment

- Assessments are 50 mins in length
- Available for weekday appointments
- Includes a 30-min follow-up meeting with parents on Zoom to review results and recommendations

Investment

- Initial assessment cost is \$525
- Eligible for possible reimbursement from private insurance benefits

Join Us!

See if our program is the right fit for your family by contacting info@elemenoe.ca or visit us online at www.elemenoe.ca



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Speech, Language, Behaviour & Learning

Let's Get Talking Program

Build your confidence while supporting your child's language and learning goals with a skilled clinician. We want you to recognize the amazing things you're already doing, build your confidence, and give you skills to learn how to support your child at home, from language to learning to behaviour.



Highlights

- designed for toddlers and their parents
- ideal for toddlers who are not yet meeting developmental milestones
- learn strategies to encourage communication and language
- customized learning for your family

Commitment

- 6-8 sessions
- Weekly or bi-weekly options available
- 1-hour session facilitated by a speech-language pathology assistant under the supervision of a Speech-Language Pathologist
- \$110/session

Goals

- increase language use
- build play and learning skills
- increase parent-child interactions

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Learning Foundations

*Learn, connect, and grow
in our 1:1 program*

Social interactions are the means through which language is acquired and the reason why it is acquired. Our Learning Foundations program is for autistic children who are not meeting developmental milestones. We focus on building a strong teaching relationship with your child so that they can learn the essentials of communication, learning, and play fundamentals.



Highlights

- Assessment with a BCBA & SLP
- Interprofessional team that uses the “best of both worlds”
- 1:1 support for children to learn the essentials of communication, learning, and play fundamentals
- Sessions facilitated by an experienced senior supervised therapist

Commitment

- Sessions are 1.5 hour in length and occur either 3 or 5 times per week
- Available for weekday appointments
- Learn the foundational skills before moving into our Together We Learn small group program

Investment

- Initial assessment cost is \$525
- Session cost is \$110 per hour with a supervised therapist

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Together We Learn

Learn in our small 2:2 or 3:2 groups

Our Together We Learn program brings together the best of speech-language pathology (SLP) & Applied Behaviour Analysis (ABA) therapy to create small group programming for our clients. It's a truly collaborative approach created in a purposeful and creative manner.



Highlights

- Assessment with a BCBA & SLP
- Small groups either 2:2 or 3:2
- Children learn skills such as:
 - turn taking with peers
 - imitating others
 - following simple instructions
 - requesting items, and
 - making choices
- For kids who are able to learn well in a 1:1 setting and would benefit from a small group

Commitment

- Sessions are 2.5 hour in length and occur either 3 or 5 times per week
- Available for weekday appointments
- Learn from adults and from peers in a small group before moving into our *Preschool Program*

Investment

- Initial assessment cost is \$525
- Session costs:
 - \$84/hr for 2:2 ratio
 - \$60/hr for 3:2 ratio
- Two or three children with two supervised therapists

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Speech, Language, Behaviour & Learning

Elemenoe Autism Program

Our interdisciplinary program is focused on supporting children and youth with autism to learn the skills they need to be successful at home, school and in the community.



Highlights

- Individualized programming
- Session facilitated by trained therapists and supervised by senior staff, BCBA and SLP
- Multidisciplinary team is “the best of both worlds”
- Speech, language, communication, school readiness and learning skills are all worked on within a session

Commitment

- availability Monday to Friday 9 AM to 6 PM
- Some Saturday availability
- 6 hours / week or more, sessions in 2-3 hour blocks
- quarterly meetings with team to review progress

Investment

- \$73.50-\$84 per hour depending on number of hours
- Initial assessment cost of \$525
- 1 time program set up fee of \$350

Join Us!

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Social Groups

*Learn skills while having fun
in a small group program*

Group Types

EQ Explorers Group:

- Emotional recognition, regulation, debriefing; problem solving, learning about empathy and conflict resolution
- Mondays from 4:15 - 6:00 pm

Mission Possible! Collaboration Group:

- Collaborative projects with clear roles (including STEM projects), giving and following instructions, asking for help from peers, working together
- Wednesdays from 4:15 - 6:00 pm

Watch and Learn Perspectives Group

- Watching shows with structured learning opportunities, learn perspective taking and social thinking
- Thursdays 4:15 - 6:00 pm

1:1 academic coaching also available for those in the group program in addition to the group, contact for details



Commitment

- Group sessions are 4:15-6:00 and occur once per week for 12 weeks
- Sign up for one or all 3!
- Initial screening to assist with placement in the group
- Bringing together the best of SLP, OT, and ABA services

Investment

- Cost is \$100 per session with a senior supervised therapist and an Occupational Therapist
- May be eligible for reimbursement on extended health benefits under OT

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Elemenoe presents...

EmpowerU

Empowering youth and teens with the knowledge and confidence they need to develop their social, emotional, and life skills for a healthy, fulfilling future through 1:1 and group programming.



Highlights

- individualized programming focusing on areas of social, emotional & relationship building
- Focus on enhancing appropriate life skills, communication & quality of life
- Facilitated by experienced supervised senior therapists & supervised by BCBA + SLP
- Special topics teen groups also available

Program Goals

- self-advocacy
- social interactions
- emotional intelligence
- self-regulation
- post-ed/occupation preparation
- executive functioning
- sexual health & safety

Commitment

- weekly 1:1 sessions
- opportunities to practice skills at home provided by your therapist

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